



Overnight Programs at Heifer Ranch

Perryville, Arkansas

Spend one to five nights at Heifer Ranch furthering your knowledge of Heifer International's work to end hunger and poverty while staying on a working ranch. Our overnight programs are intensive educational experiences that combine fun teambuilding activities with experiential learning.

- Global Gateway (1 night)
- Global Gateway Extended (2 night)
- Global Challenge (2 night)
- Alternative Break (5 night)
- Women's Lambing (Two weekends in March only)

Heifer Ranch

Heifer Ranch is one of three learning centers operated by Heifer International. Heifer's Learning Centers provide experiential education aimed to inspire, challenge and engage people to end hunger and poverty and to care for the Earth.

Included Inside

- Program Descriptions
- Frequently Asked Questions about the programs
- Guide to Making a Reservation

Heifer Program Reservations:
1-855-3HEIFER (1-855-343-4337)
reservations@heifer.org

December 2016

Heifer Ranch | 55 Heifer Rd | Perryville, AR 72126
Main Phone (501) 889-5124
www.heifer.org/ranch

GLOBAL GATEWAY

- 6th Grade and up
- Offered year-round
- Program Start Time: 1pm on Day 1
- Program End Time: 11am on Day 2
- Cost: \$50/person (*until 9/17*)
- Minimum group size: NA; minimum group charge is for 12 participants
- Maximum group size: Global Village 1 (default) = 90 participants, Global Village 2 = 50 participants
- Recommended Chaperone Ratio: 1:5
- *Lunch can be added on before or after the program for an additional charge of \$10/person/lunch.*

Global Gateway Program:

Day One –Welcome & Orientation / Cultural Identity Activity / Global Village Tour / World Map Activity / Village Meal / Global Village Overnight Experience

Day Two – Breakfast in Village / Village Chores / Debrief / Depart

GLOBAL GATEWAY EXTENDED

- 6th Grade and up
- Offered year-round
- Program Start Time: 9am on Day 1
- Program End Time: 8am on Day 3
- Cost: \$130/person (*Until 9/17*)
- Minimum group size: NA; minimum group charge is for 12 participants
- Maximum group size: Global Village 1 = 90 participants, Global Village 2 (default) = 50 participants
- Recommended Chaperone Ratio: 1:5
- *Meals, showers and lodging options are available before and after the program for an additional per person charge.*

Global Gateway Extended Program (all meals are in the Global Village):

Day One – Welcome & Orientation / Team-Building / Scarcity Meal / Program Activities / Village Meal / Overnight

Day Two – Breakfast / Chores / Program Activities / Cultural Meal / Teambuilding & Program Activities / Overnight

Day Three – Breakfast / Depart

PROGRAM DESCRIPTION

Global Gateway participants experience some of the daily struggles people in poverty face every day. Participants are randomly assigned to a village site representing areas such as Zambia, Thailand or Appalachia. Each family is given limited resources for their evening meal. Before they can eat, they may need to acquire resources from other families in the village, build a fire as well as cook their own meal. Participants in the two night program gain a deeper understanding of the struggles with both days spent in our global village. By participating in daily life activities such as preparing meals and doing chores, similar to those that Heifer's Project Partners perform each day, we hope you will be inspired to take action in your own life that will positively impact the environment and the world around you.

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GLOBAL CHALLENGE

- 6th Grade and up
- Offered year-round
- Program Start Time: 5pm on Day 1
- Program End Time: 5pm on Day 3
- Cost: \$130/person (*Until 9/17*)
 - Winter Rate: \$145/person (*Until 9/17*)
- Minimum group size: NA; minimum group charge is for 12 participants
- Maximum group size: 60
- Recommended Chaperone Ratio: 1:5
- *Additional meals and lodging options are available after the program for an additional per person charge.*

Global Challenge uses problem-solving and communication activities to help participants learn teambuilding skills that can be drawn upon and used to assist them in the overnight global village experience. By participating in daily life activities such as preparing meals and doing chores, similar to those that Heifer's Project Partners perform each day, we hope you will be inspired to take action in your own life that will positively impact the environment and the world around you.

Global Challenge participants will spend their first night in the Heifer Hilton, an open air bunk barn. During winter months, when a freeze is possible, groups will spend the first night in one of our climate-controlled lodges. *See FAQ's for more information on this lodging option.*



Global Challenge Program:

Day One – Dinner in Dining Hall / Welcome & Orientation / Overnight in the Heifer Hilton

Day Two – Breakfast in Dining Hall / Teambuilding Activities / Lunch in Dining Hall / Global Village Meal & Overnight

Day Three – Breakfast in Village / Village Chores / Debrief / Lunch in Dining Hall / Teambuilding Activities / Depart

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ALTERNATIVE BREAK

- 6TH Grade and up
- Offered year round, Sunday-Friday
- Time: 5 nights, 4 full days
- Program Start Time: Sunday @ 7:00pm
- Program End Time: Friday @ 9:00am (lodge checkout is at 11am)
- Cost: \$350/person (*Until 9/17*)
- Minimum Group Size: NA; minimum group charge is for 12 participants*
- Maximum Group Size: 100
- Recommended Chaperone Ratio: 1:5
- Lodges are modern & climate-controlled

*The weekly capacity for this program is 100 participants. Though lodging is separate, all groups will interact throughout the week and share the Global Village overnight experience. The minimum group charge does not apply if the cumulative number of group participants for the week is over 12.

Alternative Break focuses on the core components of an introduction to Heifer International, service learning, educational activities and taking action. This is obtained through a variety of **experiential activities such as teambuilding development, educational sessions, overnight village experience and hands-on service projects – in our Garden, Maintenance and Livestock Departments.** All are designed to increase your group’s understanding of the global hunger and poverty issues that Heifer International encounters in the field. By experiencing these activities, not only will your group **grow and develop together**, but they will gain a greater understanding of how Heifer creates lasting change in communities around the world. Finally, our thoughtfully-produced and delicious meals will fuel their minds and bodies and complete their immersion into daily life here on our ranch. All meals, except during the global village experience, are served cafeteria style in our Dining Hall.

Alternative Break Program:

Sunday – Welcome & Orientation / Lodging

Monday – Breakfast in Dining Hall / Teambuilding, Service Project or Educational Session / Lunch in Dining Hall / Teambuilding, Service Project or Educational Session / Dinner in Dining Hall / Lodging

Tuesday – Breakfast in Dining Hall / Teambuilding, Service Project or Educational Session / Lunch in Dining Hall / Global Village Tour / Cultural Activities / Global Village Meal & Overnight

Wednesday – Breakfast in the Village / Village Chores & Debrief / Lunch in Dining Hall / Service Project or Educational Session / Dinner in Dining Hall / Lodging

Thursday – Breakfast in Dining Hall / Service Project or Educational Session Chores / Lunch in Dining Hall / Service Project or Educational Session / Dinner in Dining Hall / Option for Campfire / Lodging

Friday – Breakfast in Dining Hall / Take Action Closing / Depart

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WOMEN'S LAMBING

Women's Lambing participants experience a blend of facilitated discussions, experiential learning activities, hands-on animal work and the camaraderie of living and learning with a diverse group of women while focusing on Heifer's work to empower women through sustainable agriculture.

Women's Lambing Weekend

- Women age 14 and up (18 and under must be accompanied by an adult)
- Offered 2nd Weekend of March
- Time: 42 hours
- Program Start Time: 3:00pm on Friday
- Program End Time: 9:00am on Sunday (Lodge check out by 11:00am)
- Cost: \$350/person

Women's Lambing Weekend Program:

Friday—Registration/Opening Session/Dinner/"Lambs and Lamb Care"/Lamb Check

Saturday—Lamb Check/Breakfast/Ranch Tour/Program Activities/Lunch/"How Heifer Works"/Program Activities/Dinner/"Heifer Stories"/Lamb Check

Sunday—Lamb Check/Breakfast/ Closing Session/Depart

Women's Lambing Extended Weekend

- Women age 14 and up (18 and under must be accompanied by an adult)
- Offered 3rd Weekend of March
- Time: 60 hours
- Program Start Time: 3:00pm on Thursday
- Program End Time: 8:00am on Sunday (Lodge check out by 11:00am)
- Cost: \$425/person

Women's Lambing Extended Weekend Program:

Thursday—Registration/Opening Session/Dinner/"Ewes and Lambs"/Lamb Check

Friday—Lamb Check/Breakfast/Ranch Tour/Program Activities/Lunch/Village Trail Tour/Program Activities/Dinner/"Heifer & Agriculture"/Lamb Check

Saturday—Lamb Check/Breakfast/Program Activities/"How Heifer Works"/Village Meal/Program Activities/"Women in Agriculture"/"Heifer Stories"/Dinner/Lamb Check

Sunday—Lamb Check/Breakfast/Closing Session/Depart

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FREQUENTLY ASKED QUESTIONS

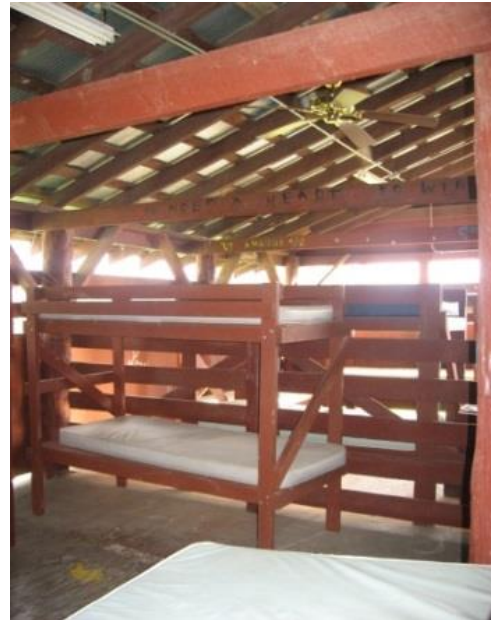
Lodging

Where do we sleep?

Global Challenge participants will stay in the *Heifer Hilton*, an open-air bunk barn divided with a partition wall sleeping 30 on each side, with each side having its own bathrooms. The facility does have an ADA compliant bathroom. Participants need to bring their own bedding, towels and toiletries. There are animal pens under the Heifer Hilton that may be in use during your stay.



Heifer Hilton



Alternative Break participants will stay in one of our modern, climate-controlled lodges. Lodge assignment is determined by each group's male and female counts. Participants need to bring their own bedding, towels and toiletries.

1. *Bartel Lodge* has 14 rooms on 2 levels with 2—3 single beds per room; each room has its own bath.
2. *Rupel Lodge* has 4 rooms on 2 levels with 2—3 sets of bunk beds per room; each room has its own bath.
3. *Hersch Lodge* has 6 rooms on 4 levels with 2—4 sets of bunk beds per room; each room has its own bath.
4. *Hilltop Lodge* is a one level batch style house with a variety of sleeping accommodations.



Bartel Lodge



Rupel Lodge



Hersch Lodge

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FAQ'S cont.

Global Village - Our Global Village sites are representative of Guatemala; Thailand; Zambia; China; Appalachia; Urban Slums and a Refugee Camp.



China



Zambia



Appalachia

What are the sleeping arrangements?

During the Global Village Overnight Experience, males and females will be randomly chosen to sleep in the village sites unless the group leader communicates with us otherwise. We are able to be flexible to your needs. During the other evenings, it is up to the group leader to determine the lodging facility and bed assignments. In both cases, we require at least one adult chaperone from your group assigned to each lodging facility.

What are the Global Village bathrooms like?

Port-a-potties are available. There are not bathtub/shower facilities in the Global Village.

Will we share programming and/or facilities with other groups?

It is common for our Alternative Break program to have multiple groups reserved for the same date. While our lodges may be shared by multiple groups, individual rooms will not. Each group will be assigned a certain number of rooms per lodge. Those in the Heifer Hilton will have a certain number of beds assigned to their group. The bathrooms may also be shared in the mornings with groups coming out of the Global Village.

For all overnights, depending on your group size and grades/ages, it's possible that we may combine groups to make the most of our resources. We can help match compatible groups in order to secure the minimum group charge. You will be notified if a group will be sharing any part of your program experience.

Is the Global Village handicap accessible?

The Guatemala site has an ADA compliant trail to the toilet, cooking, sleeping and processing areas as well as an overlook to the rest of the village.

What if it rains?

Rain is a part of daily life. You can prepare for it by bringing rain gear – no umbrellas, please. Our staff monitor weather conditions closely. In case of severe weather, participants will be taken to a safe location.

Is there a dress code?

All participants should wear sturdy, closed-toed shoes. Depending on the program, participants should dress appropriately for possible farm work, livestock chores, and outdoor cooking. Outside activities will continue in heat, cold, and rain unless deemed unsafe. Hats, sunscreen and insect repellent are recommended during warmer months.

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FAQ'S cont.

Meals

What will we be eating during our Global Village Overnight experience?

While in the Global Village, there will be vegetables, grains and protein. Persons with dietary concerns or preferences can make choices to accommodate their needs within the village experience. Those with extreme dietary health concerns are advised to speak with their group leader and pack necessary rations for a safe experience.

What are the other meals like?

Meals served in our Dining Hall are home-cooked hot meals prepared by our food service staff. Heifer Ranch strives to utilize sustainable farming practices and, in light of this goal, meals are prepared using seasonal Ranch products including vegetables, fruit and meat.

Are you able to accommodate food allergies & restrictions?

Our food service staff can accommodate standard food allergies (wheat, gluten, dairy, eggs, nuts, peanuts) and vegetarians. Please make sure this information is listed on the group's Needs Assessment &/or Roster Forms and they are turned in on time. It is recommend that those with a strict vegan or other special diet, bring supplementary food items.

Other Commonly Asked Questions

Who are the Ranch Staff?

Our staff includes both employees and volunteers from all areas of the globe. Prior to becoming a member of the Heifer Ranch Staff, a thorough background check is performed.

Will I receive cell phone reception?

While most cellular providers do have reception (except T-Mobile), there are some areas on the Ranch where a signal isn't available. Cell phone access is limited during programming and should be kept on silent or vibrate.

Will we have access to computers/e-mail?

Yes, albeit limited. There is a guest center in the Dining Hall and wireless at certain facilities.

Do you have a gift shop?

Yes! The Shop@Heifer offers a variety of t-shirts and fair-trade products from around the world. The shop is open from 9:00am to 5:00pm Mon. – Sat. Many of the items in our shops can also be found on-line at shop.heifer.org.

MAKING A RESERVATION

To Register: Review all information, choose a group size (financially committed to your contracted group size), choose a first & second date option, call or e-mail to make a reservation:

1-855-3HEIFER (1-855-343-4337) or reservations@heifer.org

Dates: Alternative Breaks always begin on Sunday evenings. Other programs are somewhat flexible but we encourage the following programs start days year-round.

Global Gateway – Mondays & Saturdays

Global Gateway Extended – Mondays, Wednesdays and Fridays

Global Challenge – Tuesdays, Wednesdays and Thursdays

Rates: Pricing is per person. Program rates vary-see Program Summaries

Minimum Payment: While there is no minimum group size, there is a minimum charge for 12 participants

Chaperone Recommendations: 1 adult to 5 youth (1:5)

Deposit: A deposit is due within 30 days of registration

Lodging: Included in rate; see Lodging information

Meals: Some included in rate; other can be added on for an additional per person price.

Fly in/out: Bill & Hillary Clinton National Airport – Little Rock, AR

Shuttle Information (not provided by Heifer Ranch): Arkansas Destinations

Basic Gear Required: Sleeping bags; lodge bedding (can use same in lodge & village); towel & washcloth; weather-appropriate clothing; close toed shoes and water bottle

Regarding Number of Attendees: *To ensure our events are appropriately staffed, you must contact us prior to increasing or decreasing the number of attendees indicated on reservation. We cannot guarantee we will be able to accommodate additional attendees. You will be financially responsible for the number of attendees agreed upon when signing the Contract, regardless of whether you decrease your number of attendees. If you increase your number of attendees, you will be responsible for a new balance based upon said increase.*

A final number of attendees must be given to us at least three (3) weeks prior to your Reservation Date.

Payment Schedule -

- Deposit and signed contract due within 30 days of contract date
- Remaining balance due 90 days prior to arrival (see contract for date)
- If program is reserved within 90 days of program date, full payment is due within 30 days
- If program is reserved within 30 days of the arrival date, full payment is due within one week
- Final count due 3 weeks prior to reservation date on the Needs Assessment & Roster Forms
- Groups may be cancelled if deadlines for payment or forms are not met 3 weeks prior to arrival date

Cancellation and Refund Policy -

- If you cancel, reasonable efforts will be made to reschedule an alternative date.
- Cancellation by the group 90 days or more before the reservation date, results in a refund of half (1/2) of monies paid
- Cancellation by the group 90 days or less from the reservation date, result in no refund and monies paid forfeited

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Needs Assessment Form - Overnights

This form is due 3 weeks prior to arrival to confirm your trip!

Please take a few minutes to complete this group assessment in as much detail as possible. This will help us to better meet your needs and goals as a group. We look forward to your visit! Thank you.

Group Name:	Your Name & Relation to the Group:
Program Name:	Email:
Address:	Name of Contact Person who will be traveling with the group:
State:	Cell Phone of Contact Person:
Zip Code:	<i>The contact person will be contacted by their host a few hours prior to their anticipated arrival on the Ranch.</i>

Arrival Date _____ Time _____ Departure Date _____ Time _____

FINAL GROUP COUNT: _____ [# of Adults _____ # of Students _____; # of Males _____ # of Females _____]

1. How did you hear about the Heifer Ranch?

2. Tell us about this group (class/school/organization/etc.). Are you located in an urban, suburban or rural area?

3. How long have the individuals in this group known each other?

4. Are there any dynamics of specific individuals within this group that you feel may be important for our facilitators to know about in advance? (For example: siblings, behavioral concerns, strong leaders, recent tragedy, etc.)

5. Please describe any other characteristics or background of the group that would assist our staff.

6. The Global Village has very few amenities. Groups have limited access to city water and portable toilets, but there is no electricity or night-lighting and some of the trails are narrow, steep and rocky. **Please list any specific special needs your group has concerning the village experience.** (i.e. access to electricity, refrigeration needs, immobility concerns, requests to keep genders or specific individuals together or apart, etc.) We can only accommodate these needs if we are aware of them in advance.

7. To help us maximize your experience and ensure that activities aren't duplicated, **please tell us about any pre-activities or curriculum related to Heifer International or the issues of global hunger and poverty in which your group has already participated.**

8. Additional questions, comments or concerns:

9. Does your group plan to bring a donation with them? We'd like to celebrate with you!

Chaperone Information:

Females: Name	Dietary Restrictions	Special Needs/Other Notes

Males: Name	Dietary Restrictions	Special Needs/Other Notes

Mail, email or fax this completed form at least 3 weeks before your scheduled program to:

Heifer Ranch
Attn: Reservations Office
55 Heifer Road
Perryville, AR 72126
Ph (501) 889-5124
Fax (501) 889-1574
reservations@heifer.org